



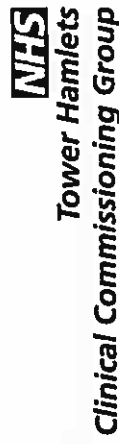
Consultation on the draft Tower Hamlets Mental Health Strategy

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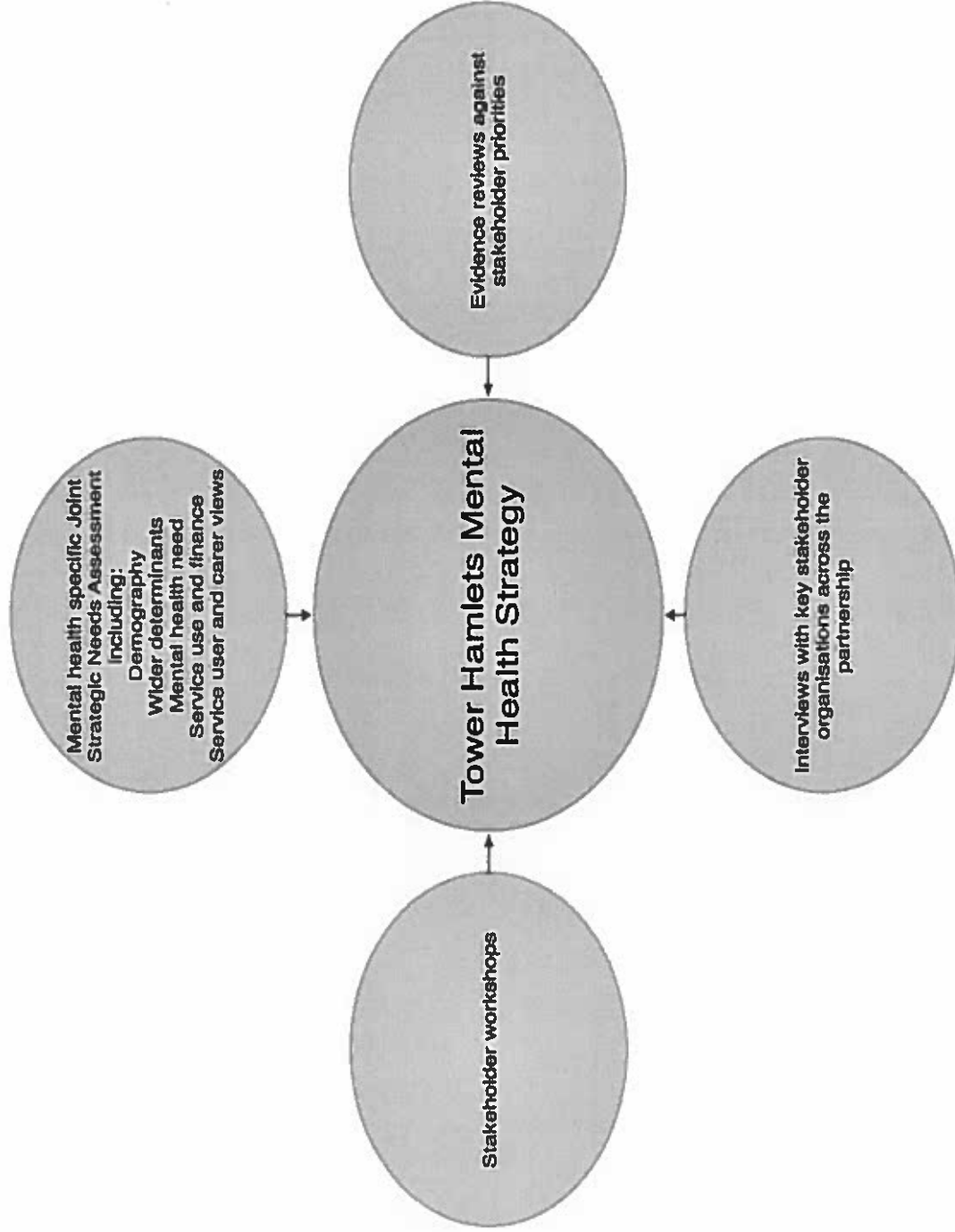
Our vision

Our vision is to commission integrated mental health services that are safe and effective, with friendly staff that inspire confidence in the people and families using them, and which help people to take control of their own lives and recovery

A life course approach to mental health and well-being		Improved outcomes
Building resilience: mental health and wellbeing for all	High Quality Treatment & Support	Living well with a mental health problem
Shared values: a whole person approach		
Mental health is everybody's business		
Focus on quality		
Commissioning with commitment		



Our strategy



Engagement

Engagement to help shape strategy:

Stakeholder workshops (Autumn 2012 and Spring 2013):

- Children and young people
- Adults of working age
- Older people

Interviews with key organisational stakeholders

GP survey

Pre-consultation engagement

- July CCG Governing Body
- July Mental Health Partnership Board
- July CCG Childrens Programme Board
- July Children & Families Partnership Board
- July GP Network Leads Meeting
- July Health and Well-Being Board workshop
- August CCG/LBTH/ELFT Exec Meeting
- August Mayors Awayday

Children and young people

Issues

- Population growth and diversity – significant rise in population of children and young people; 55% of under 19's are of Bangladeshi origin
- Mental health awareness in schools and other settings
- Proactive support for children and young people at risk of developing mental health problems
- Mental health support for looked after children and other vulnerable children
- Families where the parent has a mental illness
- Waiting times and responsiveness

Commitments

- Review child and adolescent pathways across the system
- Clear offer for schools (inc. specialist services, school nursing etc.) and other settings
- Improved offer for families where the parent has a mental illness
- Perinatal mental health & parenting
- Coherent commissioning/contracting

Adults of working age

Issues

- Population growth, diversity and churn
- Very high levels of mental health need
- System largely working effectively at present
- Second highest number of people in touch with secondary care in London, third highest emergency admissions for psychosis
- Highest prescribers of anti-psychotics by some margin
- Physical health outcomes for people with SMI are poor
- Social outcomes including employment uneven
- Pressures on services due to demand and efficiency requirements
- Service users want more recovery focussed services

Commitments

- Maintain community
- Further developments to primary/secondary care interface, primary care liaison psychiatry
- Crisis pathway – consortium evaluation of HTT and crisis house development, police and LAS
- Review of rehabilitation and resettlement pathways
- Review of talking therapies across system
- Primary care depression service
- Recovery culture and orientation across the system
- Evidence based approach to supporting people with SMI with physical health, RAID
- Accommodation
- In-patient services across east London



Tower Hamlets
**Health and
Wellbeing
Board**



TOWER HAMLETS



Tower Hamlets
Clinical Commissioning Group

Older people

Issues

- Dementia services working well, but need to maintain focus
- Quality and capacity to support people with dementia in care homes
- Tackling loneliness
- Talking therapies for older adults
- Redesign of older adults beds
- Building mental health into integrated care teams

Commitments

- Older adults beds review
- Review older adults community mental health team
- Build significantly greater capacity into integrator function in new integrated care teams
- Review of care homes and continuing care for people with dementia.

Cross-cutting themes

Issues

- Experienced stigma and discrimination
- Capitalising on the strengths of the third sector
- User led services/peer support
- Parity in mental and physical health, mental health of people with long term conditions
- Patchy information for service users
- Self directed support – social work contribution to multi-disciplinary teams
- Access to services by protected characteristic
- Finance - pressures on services due to demand and efficiency requirements

Commitments

- Time to change pledge
- Care package development for Payment by Results, social work contribution, focus on third sector delivery and peer support in context of future procurement and PBR
- Mental health is everybody's business – integration into CCG and public health programmes
- Better information - single web portal for mental health info
- Using contractual levers and procurement to drive quality, productivity and efficiency.

Proposed Next steps

Consultation:

- September 3rd – October 10th